



EXPERIENCE



THIS SEPTEMBER

- Live music and children's entertainment every Saturday 3.00pm to 5.00pm
- Special promotions





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Heritage Map



Foxrock has a rich heritage and a large map showing places of interest will be installed on Beckett Green later in the year. In the meantime, a temporary 'taster' map is on the Green - have a look and be fascinated.

This is a joint FACE and Foxrock Local History Club project which is co-funded by Dún Laoghaire-Rathdown County Council.

Defibrillator

FACE will shortly install a defibrillator outside the Sherry Fitzgerald office near the traffic lights in the village. Sometimes called an AED (Automatic External Defibrillator), it can potentially play a life-saving role by delivering a shock to sudden cardiac arrest victims. We are very grateful to Sherry Fitzgerald for sponsoring it and hosting it on their building.



Alice May Bridal Boutique

Alice May Bridal Boutique recently moved to Foxrock from Kilternan.

From the minute you come through the door you will be welcomed with open arms.

They are passionate about delivering a truly memorable experience allowing a bride to bring their own creativity and sense of style through the front door so that they can help you find a dress that expresses your own personality.

Finding the perfect dress for you is their







MISSION: TO ENHANCE THE SECURITY, COMMUNITY SPIRIT AND WELLBEING OF ALL RESIDENTS



Tullow Church

Songs of Praise with the **Stedfast Band**

Sunday 11th September 1pm Tullow Church Lawn, Brighton Road

The Stedfast Band is one of Ireland's premier brass bands and they are coming to Tullow Church on Brighton Road to play favourite hymns so we can all sing along. A brass band and well-loved hymns - a treat to look forward to!

Bring a picnic to have on the lawn afterwards; tea, coffee and sweet treats will be provided.

Everyone is welcome - especially non-singers!



Things To Do This Autumn

- G Fitness. Foxrock: Friendly and motivational spinning, HIIT and conditioning classes. Spin fusion increases strength, agility and endurance through bodymovements on a bike. Specialising in small group sessions and motivational 1:1 training supporting your fitness goals. Contact: Mob: 087 9370176 gillian.diviney@gmail.com
- Fitness League Exercise Classes for the Active Retired. **Tullow Church Hall, Brighton Road:** Effective and beneficial low impact standing and chair-

based exercises particularly suitable for Seniors who don't want to exercise on the floor. Improve posture, balance and coordination encouraging a greater range of movement and fewer aches and pains. Mondays 2.15-3pm Starting 5th September

Contact: Yvonne 086 3900223

Stillorgan Ladybirds and Tullow Brownies. **Tullow Church Hall, Brighton Road**

Ladybirds (girls 5 - 7 years) and Brownies (girls 7 - 10 years) have spaces for term starting this September. Volunteer leaders also needed. Females over 18 - a great opportunity to develop new skills and meet new people. No previous experience or involvement in Irish Girl Guides necessary.

Contact: Alice 086 3541195 for both

Little Star Preschool Tullow Church Hall, Brighton Road

Early education 2.5 years - 5 years. Mon - Fri 9am - 12.30pm

Contact: Lynda 087 2252201 www.littlestarpreschoolfoxrock.ie Take 2 Performing Arts School (Estab 1988) **Tullow Church Hall, Brighton Road**

Drama Classes Mon - Thurs afternoons 5 - 18 year olds Musical Theatre Classes - Sing, Dance, Act! Sat 3 - 12 year olds; Thurs evenings 12 - 18 year olds All children take part in end of year performance in Pavilion Theatre.

Contact: pamela@take2.ie or www.take2.ie

- Yoga Classes. Tullow Church Hall, Brighton Road Feel stretched, not stressed. Suitable for all levels. Mondays 8.15pm - 9.15pm. Starting Monday 5th September Contact: Catherine 087 7864853
- The Fitness Lab, off Brighton Road, Foxrock The Fitness Lab is a state of the art fitness studio catering to all ages, whether new mums or avid golfers looking to improve their game with strength and conditioning we have you covered.

Contact: Matt 087 6420647 E: thefitnesslabfoxrock@gmail.com

• The Reset, Aventine Gardens, Brighton Road, Foxrock Breath. Feel. Connect. Your one hour weekly immersion of

breathwork, yoga and meditation. Outdoor class. 5 week term €60. Drop in €15 Contact: Costanza 085 8343821

E: costanza@motherifeelyou.com



Alison, Alice May Bridal Boutique Elegant bridal boutique with personalised service



Mark & colleagues, Grumps Wonderful gelateria with fabulous coffee and treats



Eva, Unleashed Dog Grooming StudioPamper your pooch!



Collette, Cassini BoutiqueStylish boutique with new ranges arriving regularly



Meet the friendly faces in the eateries, shops & salons in Foxrock village.



Rory, Pala Pizza & Trattoria Roman style pizza by the slice in lovely outdoor surroundings



Steve, Fagans of FoxrockPersonal service for all your motoring needs



Rosie, The Guinness GalleryA great selection of gifts for all occasions



Larry & Mick, The Scarlet HeiferQuality meats from 'Farm to Fork in Foxrock'



Vicky, Iconic Beauty
Wide range of beauty treatments - pamper yourself!



Michael, The Gables FoxrockBeautiful newly refurbished restaurant and bar with heated outdoor terrace



Thomas, Thomas's of Foxrock
Wonderful food & wine emporium



Jane, Fox Framing
High quality bespoke picture framing service



Please support your local businesses to ensure their sustainability.



Shona & Jonathan, Kerb
Lunch, brunch and treats with super baristas



Rita & Rebecca, Pure PharmacyA wide range of gifts available in addition to pharmaceutical products



Karl, Texaco-CentraFilling station, supermarket & car valeting under one roof



Quynh, Santanna Hair StudioFor all your hair styling needs







Alice May Bridal Boutique

Brendan Just Builders

www.cassiniboutique.com

Fagans of Foxrock

Tel: 01-2070041

www.fagans.ie

Tel: 087-2560269 / 01-2899034

Daphne L. Kaye & Associates

daphne@daphnekayeandassociates.ie

Tel: 01-2950006

www.alicemay.ie

Tel: 01-2893385

Tel: 01-2894242

Cassini Boutique













Your village has the following hospitality, shopping and services

Foxrock Dry Cleaners

Tel: 01-2897599

Fox Framing

Tel: 01-2896510

Tel: 01-2893992

Tel: 01-2896155

www.arumps.ie

Grumps

www.foxframing.ie

Foxrock Golf Club

www.foxrockgolfclub.com

Foxrock Medical Centre

www.foxrockmedicalcentre.com



Racecourse











Estate Agents

















www.huntersestateagent.ie **Iconic Beauty**

Hunters Estate Agent



Tel: 01-2897840

Kerb Café / Restaurant Tel: 01-2896735

www.kerb.ie

Leopardstown Racecourse & Golf Centre

Tel: 01-2890500 www.leopardstown.com

Pala Pizza & Trattoria

Tel: 01-2897711 www.palapizza18.com



Serviced Offices























Fashion Boutique





Your village has the following hospitality, shopping and services

Tel: 087-2515550

Pat Hall Plumbing

Pure Pharmacy

Tel: 01-2893270 purepharmacyfoxrock@gmail.com

Regus

Tel: 01-5662588 www.regus.ie

Santanna Hair Studio

Tel: 01-2891111

Sherry Fitzgerald

Tel: 01-2894386 www.sherryfitz.ie

Texaco-Centra

Tel: 01-2893881

The Four Ferns Nursing Home

Tel: 01-9123940 www.fourferns.ie

The Gables Foxrock

Tel: 01-5747055 www.thegablesfoxrock.ie

The Guinness Gallery

Tel: 01-2897955 www.guinnessgallery.com

The Scarlet Heifer

Tel: 01-2897676 www.thescarletheifer.com

Thomas's of Foxrock

Tel: 01-2894101 www.thomasoffoxrock.ie

Toner Solicitors

Phone: 01 5662614

Web: www.tonersolicitors.ie

Unleashed Dog Grooming Studio

Tel: 085-1924781 www.unleashed-grooming.com









Dog Grooming

Estate Agents

















FREE Saturday & Sunday

€1.20 per hour, €3 per day Monday to Saturday FREE on Sunday







Note: Parking charges and terms subject to change by Dún Laoghaire-Rathdown County Council

A BIG THANK YOU TO ALL OUR TIDY TOWNS VOLUNTEERS THIS YEAR



On behalf of the Foxrock Tidy Towns Committee, we would like to thank everyone who joined us for our Clean Up evenings on 16th and 23rd June as well as those who worked tirelessly throughout the spring to prepare for judging of the SuperValu Tidy Towns and Dlr Tidy Districts Competitions. We strive to improve our results every year in both competitions particularly as there are significant financial prizes available which would greatly contribute to our projects. Our Tidy Towns results have risen steadily from 211 points in 2010 to 321 in

2021 and we have averaged 85% in the DIr Tidy Districts Competition since our first entry in 2014.

This year's results will be announced in September and we plan to organise a get together to thank everyone who has helped this year and to make plans for next year. In this regard, we would welcome anyone with expertise in biodiversity in particular to get in touch so we can start to develop projects well in advance of judging next year - simply email facefoxrock@gmail.

We were delighted to see so many young families join in this year and thanks to Grumps for supporting the offer of free ice creams for our young volunteers. There are too many to thank however we would like to highlight Sandra Lacey in Foxrock Dry Cleaners for her work over the last twelve months on the hanging baskets outside the business premises, Denise Kenny for her tireless work in the village and Ann Ashe for her year-round contribution to the tidiness of the area.

Finally, to the team who have maintained the village car park - Brendan, Eamon, Graeme, Kieron and Liam who were greatly assisted by Catherine, Alex and Luke. Apologies we cannot name everyone - we could not have done it without you and look forward to catching up when the results are announced.

USEFUL CONTACTS

Cabinteely Garda Station Gas Networks Ireland **Foxrock Church Tullow Church**

Dún Laoghaire-Rathdown County Council

Tel: 01-6665400

Tel: 1850-205050 (If you smell Gas) Tel: 01-2893492 (Parish Office)

Tel: 01-2893154 (The Rectory)

Tel: 01-2054700 (01-6778844 after hours)





Foxrock Community & Enterprise Limited (FACE)

Web: www.foxrock.ie Email: facefoxrock@gmail.com Follow Foxrock Village on Facebook, Instagram & Tik Tok





